

ISHLT Early Career and Trainee Open Discussion

23 July, 2024

Breakout Discussion Summaries

Professional Community Breakouts

Anesthesiology & Critical Care

- Seeking collaboration opportunities for people in the critical care space:
 - Attend ISHLT meetings in person
 - Subscribe to notifications for your PC board in [ISHLTconnect](#) and reply to threads
 - Watch the [ISHLT event calendar](#) for relevant events to attend
- Annual Meeting social events
 - Seeking alternate/offbeat events like an ice cream social
 - Seeking easier ways to search for social/networking events relevant to a user in the mobile app

Cardiology

- Interest in mentorship
 - Discussed AHA's mentorship program, where early career members are paired with middle/late career, and they meet once every 3/6/12 months
 - Mentorship topics could include major research advice, applying for grants/awards, overall wellness
- Other opportunities to be connected with ISHLT, including [Journal Watch](#) and [ISHLTconnect](#).

Cardiothoracic Surgery

- Interest in hands-on education and wet labs. Possible topics include:
 - Procurement
 - Preservation
 - ECMO/short-term device implantation
- Goal of hands-on education is to understand experts' thought process as well as to get hands-on experience, so some didactic/lecture portion is always welcomed in training.
- Looking for collaborations with other organizations for more knowledge sharing.

Nursing and Allied Health

- Mentor-Mentee relationships.
 - Consider group mentor/mentee meetings where one mentor has a few mentees to work with. This may help to better facilitate relationships and allow for mentees to also learn from each other.
- Continuing to improve on PC Networking events at Annual Meeting
 - Consider lunch timing to make the middle of the day more focused and avoid nighttime conflicts.

Pathology

- Overall goal of increasing early career and trainee involvement throughout the society
- Implement mentor programs in dedicated centers to raise awareness during residency about the significance of pathology in transplantation
- Emphasized the importance of attending annual meetings in person as a valuable opportunity to create networks and build lasting professional relationships

Pediatrics

- Ensure that ISHLT networking events don't clash with pediatric get-togethers

Pharmacy

- At the Annual Meeting, making it more accessible/obvious to smaller Professional Communities if one of their members is giving a talk at a symposium

Pulmonology

- Discussion of mentorship
 - Identifying a group of mentors who could give lectures on career development
 - Matching mentors and mentees didn't resonate
- Developing small grants for statistical support for pulmonary studies
- Funds for an international traveling program to pulmonary events
- Developing an interest group focused on sharing experiences and educational activities for emerging countries with new lung transplant centers
- Avoid scheduling early career events against other networking events

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Topic-Focused Breakouts

ISHLT Explainer: What's the difference between a PC and an IDN?

- Attendees looking for guidance on getting involved on PC leadership teams?
 - Self-nominations are open from late July to mid August each year. Elections are held in September. Look for updates on these items on the [news page of the ISHLT website](#), in the ISHLTaccess newsletter, or in [ISHLTconnect](#).
- How should we get involved in ISHLT?

Career Development in Transplantation

- Getting into transplantation:
 - Many countries don't have a set pathway for specializing
 - International variations in opportunities
- Consider leveraging ISHLT for CV-developing opportunities, such as:
 - Signing up to be an Annual Meeting abstract reviewer
 - Participating in [Journal Watch](#) as a contributor or junior editor (email communications@ishlt.org to get involved)
 - Putting your name forward in the annual [Call for Volunteers](#)
 - Putting your name forward in the [call for Professional Community self-nominations](#)
- Mentorship
 - Focus on your well being and the well being of your peers
 - Seek out mentors
- Grants
 - Look out for ISHLT research grants, travel scholarships, and other opportunities
 - Importance of smaller "pump prime" grants to early career researchers—use as the basis for bigger applications

Standards and Guidelines

- How to get started on a guideline
 - Propose ideas for new documents or updates for existing documents by completing a Document Proposal Submission Form on the [Standards and Guidelines pages](#) of the ISHLT website
 - Reach out directly to the leaders of your PC or IDN to suggest a new document or update to an existing document
 - Make sure to check the [Documents Under Development page](#) of the website to make sure the idea you have isn't already in progress
 - Participate in your IDN or PC's call for ideas during the Identification of Need process (next scheduled to take place in 2025)

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Standards and Guidelines (continued)

- How to get involved on a guideline
 - Keep an eye on [ISHLTconnect](#) and ensure you're subscribed to updates from your IDN and PC forums. This is where calls for review will take place
 - Join ISHLT! Only ISHLT members are eligible to participate in the development of ISHLT documents.

Research Collaborations

- Looking for sessions on how to build a multi-center collaborative research project.
Could include:
 - Discussing data use agreements
 - Complexities involved in international work
 - How to identify collaborators
 - Setting up projects administratively